**1 Listen to the music intently**

* You want have an emotional reaction to the music so you must invest yourself in listening
* Let yourself focus in on the mood of the song
* Listen carefully to the lyrics if there are any
* While listening, to the music, try to figure out how the artist was feeling when he/she wrote the song
* Give your heart and mind over to the music in order to make a personal response to it easier

**2. Try to visualize the music**

* Imagine the music scoring a scene to an imagined film inside your head.
* If the music is sad, you might visualize rain or images of death and loss
* If the music is upbeat, you might think of a car racing down a highway.
* If the music is gentle, you may bring to mind the image of a baby nestled up in his/her mother’s arms

NO INTERPRETATION IS WRONG !!!!!

If you are sincerely getting an image in your head because of the music, it must be for a good reason

**3. Employ metaphors and poetic language**

Metaphors and other descriptive literary devices (like similes, personification, hyperboles, etc.) will enable you to describe the emotional experience of the music.

**Examples:**

 Metaphor - \_\_(song title)\_\_\_\_ is a whirlwind of calculated madness

 Simile - \_\_\_\_\_(song title)\_\_\_\_\_ sounds like going to an rage on the beach during the height of spring break